

InSpiral Iridology & Alchemy Hypnotherapy

I am Sunshine Beeson and I specialize in bringing forward peace, freedom and exuberant health!

If you have explored other therapies, but still have not attained your dreams & desires right here, right now and are living in the same old repeated patterns, attracting the same incompatible relationships and are having pain in your body and soul....then let's have a conversation! If you have an appetite to DIVE in and dive DEEP and want to get to the ROOT cause of anxiety and would like to experience authentic transformation, stepping into your vision with your inner identity integrated....THEN, I am committed to take you on this inward journey to total wellness!

I use Iridology, which is an innovative assessment tool used to analyze the iris of the eye for emotional, personality and health conditions. Iridology is a great access point to gain more depth into the root cause of physical and emotional issues. Genetic markings are shown in the iris that reflect at least three generations in a families history as well as pre-dispositions.

I will guide you through a safe gentle process called, Hypno-Core-Release to uncover the underlying cause of physical and emotional pain. Emotions are the gateway to the soul. Opening into the core of your emotions is where you will find peace and freedom, which then brings cellular healing and a shift in the neurotransmitters of the brain. This creates positive responses rather than reactions or triggers.

We bring balance into ourselves and relationships when our sexual health and chakra system is aligned. Many emotional wounds are held in different organs of the body, as well as the reproductive system of men and women, which may create unwanted behaviors from imprinted patterns that keep repeating.

I have been in private practice since 1982 and I reside in Carlisle MA. I work with individuals and couples. My husband Eric and I, co-facilitate Sacred Transformational Intimacy retreats for couples and I lead specialized empowerment retreats for women.

Credentials:

Iridology with Dr. Bernard Jensen - Escondido, CA

Institute of Behavioral Iridology
The School of Rayid - Colorado

Ayurvedic medicine
Medicine Wheel School of Holistic Therapy - New Mexico

Body Systems Approach to Natural Healing/Herbology
Tree of Light Institute - Utah

Aromatherapy & Bach Flower Essences

The Journey work - Emotional release process
Brandon Bays - Colorado

Alchemy Hypnotherapy
Alchemy Institute of Hypnosis

Conversational Hypnotherapy
International Association of Professional Hypnotists

Source Tantra - Charles and Carolyn Muir



